~ Returning to AUSTRALIA! ~

Level 1 Workshop Package
Animal Assisted Play Therapy®:
Theory, Research, & Practice

Tracie Faa-Thompson, MA, AASW, PGdipNDPT
Jodi Smith, LCSW, RPT-S, CAAPT-S
and video segments with Risë VanFleet, PhD, RPT-S, CDBC

2019 – Australia
(UK and USA offerings listed separately)

- Southeast of Melbourne, AUSTRALIA – 18-21 November 2019

Why THIS workshop? Because of our unique focus on therapist-animal relationships &
animal well-being, use of humor and play to enhance top-notch integrative therapy, and lots
of hands-on skill-building experiences!! Plus, it is the first big step toward full certification.
Who Should Attend
This training program is designed for play therapists, psychologists, social workers, counselors, psychiatrists, family therapists, school counselors, and other experienced mental health, medical, allied health, and educational professionals. The training is relevant to a wide range of clinical, developmental, and educational problems for clients throughout the lifespan. Canine and equine professionals interested in the topic are also welcome to attend. This workshop is an intermediate-level experience in how to conduct AAPT effectively and ethically.

Description
This training is designed for mental health and allied health professionals who wish to learn about the exciting field of Animal Assisted Play Therapy®. Properly selected and prepared animals are incorporated into therapy sessions, while the power of play is harnessed to create a safe environment for therapeutic change. The 2 online courses and the 4-day in-person hands-on workshop that comprise this course provide **52 hours of instruction** on the topics such as human-animal interactions, ethology/animal behavior, animal assisted therapy, research, and the full integration of animal-assisted therapy with play therapy. The program emphasizes a *relationship-based approach*. The Level 1 course focuses on dogs and horses with information about other species included since AAPT principles and practices apply across species. AAPT can be applied from virtually any theoretical orientation, as well as integrative models of intervention.

Participants in this training program will learn…
- definitions in the AAI field, including for AAPT
- the values and guiding principles for the practice of AAPT
- the five major goal areas that are typically addressed with AAPT for clients of all ages
- how to access information about the selection of dogs
- details of observing and understanding animal body language, especially dogs and horses
- the importance of using humane, animal-friendly methods of training
- the critical importance of building healthy reciprocal relationships with therapy animals
- the role of playfulness & humor in therapy with clients of all ages and with a wide range of problems
- how to build play, lightness, & emotional safety into the interactions between clients and animals
- a sound, research-based approach to animal involvement in play therapy and other forms of psychotherapy/counseling/intervention/education
- how to provide effective treatment while reducing risks
- how to apply AAPT in a variety of settings and formats, including individual, group, and family

Emphasis is on the use of client-animal play/humor interactions for therapeutic benefit. Many specific AAPT interventions are covered, including nondirective and directive play therapy, as well as AAPT approaches with varying degrees of structure. Participants learn how to conduct therapy in a manner that enhances the achievement of goals while ensuring the well-being of the animals involved. Considerable attention is paid to the human and animal preparatory phases of involving animals in professional work, as well as on the selection, facilitation, and processing of therapeutic material within AAPT for a full range of client ages and problem areas.
The workshop is very hands-on. The online courses provide background that is then applied in a practical manner during the in-person training. Video and live demonstrations as well as experiential portions are followed by skills-practice components with encouraging feedback from the training leaders. It is expected that participants will develop competence and confidence during the workshop and will be ready to implement AAPT with an appropriate animal partner at the end of the training. Supervision for further skill development is encouraged and discussed.

The workshop gives participants a chance to explore this exciting field and learn how to develop, implement, and research their own programs. Ideas for working collaboratively with therapy dog handlers and trainers, as well as with equine specialists, are included. The workshop is limited to 10-15 participants, depending on location.

This training is for people only. Dogs and horses will be present and available for demonstration and practice segments. The Level 2 training provides opportunities to work with one’s own dog.

Prerequisites
In general, participants should have prior experience conducting therapy as well as familiarity with both nondirective (child-centered) and directive play therapy approaches. They should be familiar with basic behaviorism and learning theory, and appreciate the importance of the family system. Allied health and education professionals should have prior experience working in their fields. If you have questions about the prerequisites, please contact Dr. VanFleet at rise@risevanfleet.com. Those without a strong play therapy background, or canine/equine/other professionals interested in attending, are asked to read the book, Child-Centered Play Therapy (VanFleet, Sywulak, & Sniscak, 2010, Guilford) prior to the in-person training, and Dr. VanFleet can discuss your unique background and what is needed with you.

2 Prerequisite Online Courses are included in the registration fee and must be completed prior to the in-person training. Together the online courses are eligible for 24 additional continuing education (CE) credits. The courses are Introduction to AAPT and Canine Communication for AAPT. The powerpoints, written articles, and video links are all included in the overall registration fee. Two books and a CD serve as additional "texts" for the online courses and are available for purchase separately at low or discounted cost. Information about accessing the online courses is sent to you after you register, and more information is available via www.risevanfleet.com/shop. The two online courses take approximately 24 hours to complete and must be completed 3 weeks prior to the live training.

Special Needs
We are committed to making workshops accessible to everyone. Please contact us as early in the process as possible if you have special needs. Training is generally held in a country environment with contact with dogs, horses, and other animals.

Schedule
The training runs daily from 9:00 am to 5:45 pm, with a 5:00 pm dismissal on the last day. There are 28 actual contact hours in the in-person training, and the online courses include 24 hours of instruction, for a total of 52 CE credits/clock hours for the entire program.
**Venue & Host**

Detailed venue and other information will be sent to participants after they have registered. The live training will be held in a rural environment with dogs and horses present. The location will be near Narre Warren East, which is 38 km southeast of central Melbourne, VIC. Accommodation information will also be sent. Some options are located within 15-20 minutes’ drive from the venue, with many more located about 30 minutes’ drive away.

The property comprises 3 horses on 12 acres of purpose built equestrian facility, with more recent changes made to make the environment more horse friendly. Located in a semi rural area with the best of both worlds; quiet rolling paddocks with horses grazing and yet close enough to local shops and larger centres.

Our host, Pauline Keil, has owned and trained horses all her life and uses horse-centred approaches such as force free training. She also coaches others in how to train their horses in science based, force-free training approaches. More information about her work is at [https://www.whisperinghorse.com.au](https://www.whisperinghorse.com.au).
Continuing Education
The Family Enhancement & Play Therapy Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The FEAPT Center maintains responsibility for this program and its contents. The Family Enhancement & Play Therapy Center is an NBCC-Approved Continuing Education Provider (5732) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The FEAPT Center solely is responsible for all aspects of the program. It is also an Association for Play Therapy (APT) Approved Provider 95-014. This program has been approved by a number of state social work boards (please contact us for this info). **52 total continuing education credits/clock hours** will be awarded to participants who attend the entire training (24 for the online courses and 28 for the live training). Partial credit cannot be given. No exceptions can be made to this policy. Please contact us re. various canine and equine credits, which are often available.

Dress
The training will involve work with dogs and horses in a rural environment, including outdoors. Please dress comfortably with this in mind. Rain gear and footwear for muddy areas are also advised. Closed-toed shoes are mandatory for the equine segments.

Fees & Cancellation - Discounted Package
This training package includes registration fees for 2 online courses and the 4-day live AAPT Level 1 workshop (52 CE credits total). 2 textbooks and a CD for the online courses are separate. All amounts are listed in U.S. dollars. Currency conversions are made automatically when you register.

**Early Bird Fee:** $1075 USD  (fully paid 4 months prior)
**Regular Fee:**  $1275 USD  (paid w/in 4 mos. of wkshp start)

Cancellation Policy:
Registrations are accepted on a first-come-first-served basis. Fees include 4 days of training, extensive handout, 2 online courses, morning and afternoon snacks and beverages. Lunches/dinners are on your own.

$285 is nonrefundable. Written cancellations received 4 months prior to the start of the workshop will receive a full refund of the balance of the fees. Cancellations after the 4-month point will forfeit a total of $400, with the remainder being refunded.

We regret that NO refunds can be given in the final month preceding the workshop. When someone from the waiting list can substitute, credit toward future trainings may be given. **We urge you to consider purchasing travel or other insurance to protect against unforeseen circumstances.**

In the very unlikely event that the workshop must be cancelled or postponed by the organizers, the International Institute for AAPT and its assigns will provide a full refund of the registration fees. Participants will be responsible for their own travel fees, another reason to consider purchasing travel insurance. To date, a workshop has never been cancelled.

GREAT PRICE for 52 hrs of state-of-the-art hands-on learning!!!
Tracie Faa-Thompson, MA (Soc/Crim), AASW, PGdipNDPT

Tracie Faa-Thompson will co-lead this workshop in Australia. She is the coauthor of the Maxwell Award-winning book, *Animal Assisted Play Therapy*, and co-founder of the field of AAPT. She is a specialist social worker in the adoption field and a British Association of Play Therapists (BAPT)-registered Non-Directive Play Therapist with many years of experience. She uses a mix of individual play therapy, Filial Therapy, and group Filial Therapy methods in her work. Tracie is also a practice teacher of social work students and a trainer in attachment theory and life story work. As a clinical hypnotherapist, Tracie incorporates Eye Movement Integration with Emotional Freedom Technique as an effective approach to trauma.

Tracie’s Equine Assisted Play Therapy® program, Turn About Pegasus, serves at-risk youth and families, and operates year-round in rural north Northumberland in the UK, and has been featured by the BBC. She is the author of numerous articles and chapters on AAPT, and coauthor with Risë VanFleet of the internationally acclaimed book, *Animal Assisted Play Therapy* and the newly-released *Manual of AAPT Techniques*. Her first career was working with young horses, and she was often their first rider. She uses a relationship and partnership approach to working with horses, Tracie is a member of the Classical Riding Club, EAGALA (approved as both mental health and equine specialist), and Natural Horse People. She is the founder, and for over 20 years the Chair, of her local Riding for the Disabled Centre. The International Institute for Animal Assisted Play Therapy® represents Tracie’s and Risë’s work worldwide. Tracie has a lifetime of experience of living and working with dogs and horses, and over 35 years of working with vulnerable children and families. She currently has multiple dogs and horses. Tracie will share ways of incorporating horses into play therapy & psychotherapy, even if you don’t have horses of your own. Participants in her workshops have always rated her extremely highly and have enjoyed her insights, playfulness, and sense of humor.

The workshop organization and the presenters have no conflicts of interest in offering this program, nor is there any commercial support.
Jodi Smith will co-lead the Australia workshop as well. She is a Licensed Clinical Social Worker in California USA, a Registered Play Therapist-Supervisor, and a Certified Animal Assisted Play Therapist-Supervisor. She has been working with children, teenagers, and their families in various capacities for over 25 years. Jodi is currently the Director of Norton-Fisher Child & Family Programs for West End Family Counseling and maintains a private practice called Play Is Powerful in Claremont, California. Jodi is also certified with one of her dogs for animal-assisted disaster work by HOPE Animal Assisted Crisis Response. She is a recipient of the IIAAPT Kirrie Award for her significant contributions to AAPT. Two of Jodi’s current supervision groups are with Australian professionals who have completed the AAPT trainings in the past.

Jodi has two Australian Labradoodles, Daltrey and Daenerys (AKA Dani), who work with her. Jodi and her canine partners specialize in providing play therapy and Animal Assisted Play Therapy® for children, teenagers, and families. Both Daltrey and Dani love people, and are particularly fond of children and enjoy working with them in their play therapy sessions. Daltrey will do anything for a treat and loves showing off. Dani is sweet and more docile and will greet with exuberant kisses if the client wants that.

Featured on video segments: Risë VanFleet, PhD, RPT-S, CDBC

Dr. Risë VanFleet is a Licensed Psychologist, Registered Play Therapist-Supervisor, Certified Filial Therapist, Supervisor, & Instructor, and Certified Dog Behavior Consultant with 45 years of clinical and leadership experience in a variety of settings. She is based in Boiling Springs, Pennsylvania USA.

She is the co-founder, with Tracie, of the field of Animal Assisted Play Therapy®. She is the president of the International Institute for AAPT & the Family Enhancement & Play Therapy Center, and the recipient of 14 national and international awards for her teaching and writing.

She is the co-creator of the Level 1 training program and author of the groundbreaking and award-winning book, *Play Therapy with Kids & Canines*. She is coauthor with Tracie Faa-Thompson of the Maxwell Award-winning book, *Animal Assisted Play Therapy* and the newly-released *Manual of AAPT Techniques*. Some of her work will be featured by video during the Level 1 workshop, as well as some brief “lecture” portions.
Registration: Level 1 AAPT Workshop

Register early as this workshop often sells out quickly!

Questions? Please contact Dr. VanFleet at rise@risevanfleet.com.

To register securely online:

For all Level 1 trainings: www.iiaapt.org (in the Store) or directly at http://risevanfleet.com/shop/product-category/training/

THANK YOU!